October 24 is Registration Day
Register to vote or update your address by October 24.

November 3 is Election Day
Polling places are open from 7:00 am to 9:00 pm.
Find a location near you at your elections website.
All voters are asked to show a photo ID.
Same-day registration is available at all Election Day voting locations.

Avoid the lines! Voting locations are usually less busy in the mid-morning or early afternoon.

Ways to vote in Iowa
Your guide to a safe election for you and your community

Important dates

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More information

Healthy Voting
Up-to-date information on healthy voting options in Iowa is available at HealthyVoting.org/Iowa

Iowa Board of Elections
Visit the state elections website for links to:
- Track your absentee ballot
- Register to vote or update your registration
- Find voting locations near you
- Contact your county elections office

sos.iowa.gov/elections/voterinformation
(888) SOS-VOTE

Partners: We Can Vote, American Public Health Association (APHA), National Association of County and City Health Officials (NACCHO), Center for Civic Design (CCD), Center for Tech and Civic Life (CTCL)

HealthyVoting.org/Iowa
Healthy voting basics

If you go out to vote—whether to drop off a ballot or vote in person—follow these commonsense precautions.

- Wear a mask or other face-covering.
- Maintain a physical distance of 6 feet to protect yourself, election workers, and other voters.
- If you go to a post office, wear a mask or other face covering to protect yourself, the postal clerk, and others.
- Before and after voting, wash your hands with soap and water for at least 20 seconds. Or use hand sanitizer with at least 60% alcohol.

If you are sick or concerned that you have been exposed to the coronavirus, and don’t have an absentee ballot, contact your local election office for guidance about your voting options.

Healthy tips for voting by mail

Voting by mail is a healthy option because you vote at home. If you go out at all, it’s only to mail or drop off your ballot.

- If you need to buy stamps, consider using the Post Office’s online store, usps.com.
- If you go to a post office or store to buy stamps, wear a mask or other face covering to protect yourself, the postal clerk, and other people.
- If you go outside to mail your ballot, wash your hands with soap and warm water for at least 20 seconds when you get home.
- You may be able to put your ballot in a drop box from a car.
- To seal the envelope after you have voted, use a damp sponge.

Healthy tips for voting in person

Voting in person usually means going to a voting center where there will be other people, but is where you can get assistance.

- Follow instructions for healthy voting at your in person voting location.
- Practice physical distancing and stay 6 feet away from poll workers and other voters.
- Don’t try to clean the the voting system yourself. Ask an election worker. They know how to do it without damaging the machine.
- If you can, go when the voting center will not be as busy, usually mid-morning or early-afternoon.
- Use curbside or drive-through voting if available.

Accessible voting

All in-person voting centers must have at least one accessible voting system.

- If you can, go when the voting center will not be as busy, usually mid-morning or early-afternoon.
- Use curbside or drive-through voting if available.
- You can bring your own headphone to use with the accessible system.