June 23 is Registration Day
Register to vote or update your address by June 23.

July 14 is Election Day
Polling places open between 6:00 am and 10:00 am and close at 8:00 pm. Exact times are set by local elections offices.

Same-day registration is available at all Election Day voting locations.

Find a location near you at your elections website.

Avoid the lines! Voting locations are usually less busy in the mid-morning or early afternoon.

Important dates

Vote by mail with an absentee ballot
All registered voters can request an absentee ballot.

Deadline to return your ballot: Election Day, July 14 by 8:00 pm. All ballots must be delivered to the elections office by this time.

Vote early
From June 14 through July 9, you can request and cast an absentee ballot in your clerk’s office, but office hours may be limited. Same-day registration is available at all early voting locations.

Vote in person on Election Day
All polling places are open on Election Day. Same-day registration is available at all Election Day voting locations.

Find a location near you at your elections website.

Ways to vote in Maine

Primary Election
July 14, 2020

Healthy Voting
Your guide to a safe election for you and your community

Maine

HealthyVoting.org/Maine

More information

Healthy Voting
Up-to-date information on healthy voting options in Maine is available at HealthyVoting.org/Maine

Maine Board of Elections
Visit the state elections website for links to:

- Register to vote or update your registration
- Find voting locations near you
- Contact your county elections office

maine.gov/sos/cec/elec/

(207) 624-7650

Partners: We Can Vote, American Public Health Association (APHA), National Association of County and City Health Officials (NACCHO), Center for Civic Design (CCD), Center for Tech and Civic Life (CTCL)
**Healthy voting basics**

If you go out to vote—whether to drop off a ballot or vote in person—follow these commonsense precautions.

- Wear a mask or other face-covering.
- Maintain a physical distance of 6 feet to protect yourself, election workers, and other voters.
- If you go to a post office, wear a mask or other face covering to protect yourself, the postal clerk, and others.
- Before and after voting, wash your hands with soap and water for at least 20 seconds. Or use hand sanitizer with at least 60% alcohol.

If you are sick or concerned that you have been exposed to the coronavirus, and don’t have an absentee ballot, contact your local election office for guidance about your voting options.

**Healthy tips for voting by mail**

Voting by mail is a healthy option because you vote at home. If you go out at all, it’s only to mail or drop off your ballot.

- If you need to buy stamps, consider using the Post Office’s online store, usps.com.
- If you go to a post office or store to buy stamps, wear a mask or other face covering to protect yourself, the postal clerk, and other people.
- If you go outside to mail your ballot, wash your hands with soap and warm water for at least 20 seconds when you get home.
- You may be able to put your ballot in a drop box from a car.
- To seal the envelope after you have voted, use a damp sponge.

**Healthy tips for voting in person**

Voting in person usually means going to a voting center where there will be other people, but is where you can get assistance.

- Follow instructions for healthy voting at your in person voting location.
- Practice physical distancing and stay 6 feet away from poll workers and other voters.
- Don’t try to clean the voting system yourself. Ask an election worker. They know how to do it without damaging the machine.
- If you can, go when the voting center will not be as busy, usually mid-morning or early-afternoon.
- Use curbside or drive-through voting if available.

**Accessible voting**

All in-person voting centers must have at least one accessible voting system.

- If you can, go when the voting center will not be as busy, usually mid-morning or early-afternoon.
- Use curbside or drive-through voting if available.
- You can bring your own headphone to use with the accessible system.